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Literature | steven c. hayes, phd

Act on Life Not on Anger: The New Acceptance & Commitment Therapy Guide to Problem Anger (2006) by Georg H. Eifert, Matthew McKay, and John P. Forsyth.

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September/October 2008 Issue. The ABCs of ACT Acceptance and Commitment Therapy By Claudia Dewane, LCSW, DEd Social Work Today Vol. 8 No. 5 P. 34

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