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Koichi Tohei: Book of Ki: Co-ordinating Mind and Body in Daily Life. Japan Publications, Tokyo, 1976, ISBN 0-87040-379-6; Tohei, Koichi: Kiatsu. 2002,

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Book of Ki: Co-ordinating Mind and Body in Daily Life Tohei Koichi, Japan Publications, Ki in Daily Life Tohei Koichi, Japan Publications, Tokyo, 1978,

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