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Author: Eddie Bravo (Author), Erich Krauss (Author) and Glen Cordoza (Author), Title: Mastering the Twister: Jiu Jitsu for Mixed Martial Arts Competition (Paperback

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Instructional materials . Eddie Bravo has released several instructional manuals: Jiu Jitsu Unleashed (2005) Mastering the Rubber Guard (2006) Mastering the Twister

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Jan 27, 2015 Eddie Bravo (born Edgar Cano on May 15, 1970) is a Mexican-American practitioner of Brazilian Jiu-Jitsu who holds a third degree black belt under Jean

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