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Mastery of Anxiety and Panic for Adolescents: Riding the Wave, Therapist Guide (Treatments That Work)

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Donna B. Pincus, Ph.D. is an Associate Professor of Psychology at Boston University, Director of the Center for Anxiety and Panic Disorders, and author of *Mastery of Anxiety and Panic for Adolescents: Riding the Wave*. Dr. Donna Pincus, creator of The Child Anxiety Network and

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Donna B. Pincus, Ph.D. is an Associate Professor of Psychology at Boston University, Director of the Center for Anxiety and Panic Disorders, and author of *Mastery of Anxiety and Panic for Adolescents: Riding the Wave* and *Mastery of Anxiety and Panic for Adolescents: Riding the Wave, Therapist Guide*.

Child and adolescent fear and anxiety treatment

Donna B. Pincus, Ph.D., Director of the Center for Anxiety and Panic Disorders, is the author of *Mastery of Anxiety and Panic for Adolescents: Riding the Wave*, *Mastery of Anxiety and Panic for Adolescents: Riding the Wave, Therapist Guide*.

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by Donna B. Pincus. She is the author of *Mastery of Anxiety and Panic for Adolescents: Riding the Wave*, a therapist guide and workbook for adolescents with panic

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