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Robert M. Nideffer is the author of Psyched To Win (2.33 avg rating, 3 ratings, 1 review, published 1992), Assessment in Sport Psychology (5.00 avg rating)

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Robert M. Nideffer, Dr. Nideffer is best known for his work Psychology, "An Athlete's Guide to Mental Training," "Psyched to Win," "Assessment in Sport

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