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Staying Healthy with Diabetes: Physical Activity and Fitness [JDC] on Amazon.com. *FREE* shipping on qualifying offers. Physical activity is good for everyone, but it

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Cultural and ethnic food and nutrition education

7 Staying Healthy with Diabetes: A Guide for the Chinese American Community Sophia Cheung and Joslin Diabetes Guide for the Chinese American Community

Language barrier just one roadblock to diabetes

control for Chinese diabetes educator Sophia Cheung are the authors of a Joslin publication, Staying Healthy With Diabetes: A Guide for

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Ethnomed cross cultural bibliography: 2000

A theory of Chinese American A Navajo perspective of diabetes. Family & Community The lived experience of staying healthy in rural African American

10 tips for staying healthy with type 2 diabetes -

Type 2 Diabetes: Lifestyle Choices for Staying Healthy. If you re one of the millions of people who developed type 2 diabetes as a result of lifestyle factors

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About.com - official site

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Amazon.com: staying healthy w/ diabetes: nutrition

Staying Healthy with Diabetes - "Nutrition & Meal Planning" will help you understand which of the foods you're currently eating may help keep your blood glucose

Diabetes - aids.gov

What is Diabetes? Diabetes is a disease that makes it hard for your body to convert food to energy. Normally, after you eat, your body breaks food down into glucose

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(2006) Staying healthy at 50+. AHRQ Publication No for elderly people in Asian Chinese and revival of American community. New York

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