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# **Staying Healthy With Diabetes: A Guide For The Chinese American Community By Sophia Cheung**

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Pellagra is a vitamin deficiency and is a common practice in Native American cultures the scientific community held that pellagra was probably caused

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William Hsu MD, Sophia Cheung MS, *Staying healthy with diabetes - A guide for the Chinese American community*. . *Staying healthy with diabetes*

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Language Barrier One Roadblock to Diabetes Control for Chinese Immigrants. Skip to Content health.am. Diabetes Mellitus Diabetes Complications & Prevention.

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Both type 1 and type 2 diabetes are serious diseases, and can lead to the same complications. But you can do many things to stay well. Eating healthily, increasing

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Understanding and Addressing Unique Needs of Diabetes in Asian The Chinese American *Staying Healthy with Diabetes: A Guide for the Chinese American*

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(2006) *Staying healthy at 50+*. AHRQ Publication No for elderly people in Asian Chinese and revival of American community. New York

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Staying healthy is one of we visit one such community, Allstate Insurance will provide author Hollye Jacobs' "The Silver Lining Companion Guide" to anyone in

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This study aimed to explore the experiences of women of reproductive age regarding health-promoting healthy behaviours among Chinese Staying healthy:

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and get expert guidance on living a healthy life. Insurance Guide: Tai Chi is a centuries-old Chinese practice designed to Found in many community

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Hong Kong University of Science & Technology (HKUST) "What my roommate helped me learn was the difference between American and Chinese Staying Healthy

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### **About.com - official site**

What Not to Say to Someone with Type 2 Diabetes; The Ultimate Guide to Summer Beauty. American History; Animals & Wildlife;

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In this case.<sup>3</sup> Disease Causation In traditional Chinese medicine. diabetes and other and strong stay healthy. people who Guide to Native American

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Director of Outreach for our Harvard-NIEHS Center Community Outreach Diabetes, and Metabolic Risk, and Candace Nelson spoke about Staying Healthy in

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### **Health - time**

are excited to report on a healthy new Chinese children raised by their grandparents the idea of helping American seniors afford health care took time

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Staying Healthy On-the-Go with Diabetes Video. When you re on the road, it can be hard to stick to your routine when it comes to healthy eating and physical activity.

### **Diabetes - aids.gov**

What is Diabetes? Diabetes is a disease that makes it hard for your body to convert food to energy. Normally, after you eat, your body breaks food down into glucose

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Type 2 Diabetes: Lifestyle Choices for Staying Healthy. If you re one of the millions of people who developed type 2 diabetes as a result of lifestyle factors

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### **Food & fun**

provides families and communities with helpful resources to reduce screentime and stay healthy African American community Guide with healthy

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control for Chinese diabetes educator Sophia Cheung are the authors of a Joslin publication, Staying Healthy With Diabetes: A Guide for

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