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Valerie austin (author of self hypnosis)

Valerie Austin s Followers. None yet.

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~ Valerie Austin, International lecturer, practising Structured Advanced Hypnotherapy and The Austin Technique. She also offers Stop Smoking in One Hour

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View Valerie Austin's professional Contact Valerie Stop Smoking in One Hour Austin was the first hypnotherapist to coin the term Stop Smoking in

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Hypnotherapy to Stop Smoking in One Hour; Valerie Austin, developed the Stop Smoking in One Hour programme in her Harley Street practice in 1989.

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Jolanta Rudzka-Gowda is a She also offers 'Stop Smoking in One Hour Jolanta received training in Structured Advanced Hypnotherapy from Valerie Austin

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James Barugh is a fully Qualified Advanced Hypnotherapist who has helped thousands of people to stop smoking STOP SMOKING IN ONE HOUR and Valerie Austin,

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