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# **The Splendid Grain By Rebecca Wood**

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Works by Rebecca Wood: *The New Whole Foods Encyclopedia: A Comprehensive Resource for Healthy* , *The Splendid Grain*, *Quinoa the Supergrain: Ancient Food for Today*

### **Rebecca wood (author of the new whole foods**

Rebecca Wood is the author of *The New Whole Foods Encyclopedia* (4.16 avg rating, 204 ratings, 26 reviews, published 1999), *The Splendid Grain* (4.13 avg r

### **Rebecca wood | chimichanga wimbledon |**

View Rebecca Wood's business profile as Supervisor at Chimichanga Wimbledon and see work history, affiliations and more.

### **Healthy tip: explore whole grains | whole foods**

Two years ago for my birthday, my friend Margaret gave me a cookbook called *The Splendid Grain* by Rebecca Wood. And, oh, what a splendid gift! I have used it and

### **The splendid grain : robust, inspired recipes for**

Get this from a library! *The splendid grain : robust, inspired recipes for grains with vegetables, fish, poultry, meat, and fruit.* [Rebecca Theurer Wood] -- Now more

### **Meatless Mondays: grilled millet and butternut**

says this recipe was inspired by Rebecca Wood s *The Splendid Grain*. These tender cakes cook up beautifully on a nonstick griddle or griddle pan.

### **Organic whole grains | bluebird grain farms**

Bluebird Grain Farms, From *The Splendid Grain* by: Rebecca Wood Serves 4 Make this salad in spring when fresh peas are in season. With plenty of rye berries,

### **Uses for rice flour? - houzz**

Medium and short grain rice flour can be used as an all-purpose type of rice flour (Source: *The Splendid Grain* - by Rebecca Wood) (Note:

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The Splendid Grain by Rebecca Wood: With 250 luscious recipes, along with eight pages of color photographs, The Splendid Grain dramatizes how you can incorporate

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The Splendid Grain has 45 ratings and 7 reviews. Gabbi said: I wasn't really taken with this book. Not because of the author--I love Wood's The New Who

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### **Rebecca wood | zoominfo.com**

View Rebecca Wood's business profile and see work history, Her book, The Splendid Grain, won both a James Beard Award and a Julia Child/IACP Award.

### **The splendid grain - youtube**

Jan 28, 2012 The Splendid Grain - YouTube Rebecca Wood

### **The splendid grain | rebecca wood**

The elegant masterpiece, The Splendid Grain, is the benchmark grain cookbook. With 250 luscious recipes, it amazes cooks with grain's power to remarkably

### **Rebecca wood | the captious vegetarian**

I decided to use my last half of a butternut squash to try this simple soup recipe from the quinoa chapter in Rebecca Wood's cookbook the Splendid Grain.

### **Grilled millet & butternut squash cakes | bob's**

This tasty recipe is by Lori, who manages the Bob's Red Mill Cooking School, and was inspired by Rebecca Wood's "The Splendid Grain." The tomato chutney comes to us

### **The splendid grain - rebecca wood - paperback**

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### **The new whole foods encyclopedia by rebecca wood**

A review of The New Whole Foods Encyclopedia by Rebecca Wood, a useful reference guide to healthy food.

### **Spring salad of rye berries, fennel - bluebird**

From The Splendid Grain by: Rebecca Wood Serves 4. Make this salad in spring when fresh peas are in season. With plenty of rye berries, it s filling enough to be a

### **Cream of shiitake and broccoli soup | the captious**

Sep 15, 2006 This recipe is from the cookbook The Splendid Grain by Rebecca Wood. 2 stalks broccoli 1 tsp. unrefined toasted sesame oil 3/4 tsp. ground coriander

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Splendid Grain: Robust, Inspired Recipes for Grains with Vegetables, Fish, Poultry, Meat, & Fruit by; Rebecca Wood

### **Outta here oat waffles recipe from cynthia lair**

Outta Here Oat Waffles. Jasmine. The recipe was adapted by Bastyr student Ronit Gourarie from the cookbook The Splendid Grain, by Rebecca Wood,

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### **Rebecca wood cookbooks, recipes and biography |**

Biography: Rebecca Wood has taught and written about healing with a sustainable diet since 1970. Her book, The Splendid Grain, won both a James Beard Award and a Julia

### **Cranberry quinoa muffins | bob's red mill's recipe**

This recipe is adapted from Rebecca Wood's The Splendid Grain cookbook.

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Nourishing Soaked-Grain Waffles. Feel free to experiment with different whole grains to build dietetic intern (2012), from The Splendid Grain by Rebecca Wood

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**Weightwatchers.com: my recipe - easy buckwheat**

Jan 11, 2013 Easy Buckwheat Polenta Community Posted Recipe The recipe from "The Splendid Grain" by Rebecca Wood, p 118 . ||

**Eden foods - overnight wheat free waffles - recipe**

Home Recipes Overnight Wheat Free Waffles. Overnight Wheat Free Waffles. Adapted from The Splendid Grain by Rebecca Wood, available at [www.rebeccawood.com](http://www.rebeccawood.com).

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